**6715 GLORIA DRIVE SACRAMENTO CA 95831** 

HOME OF THE COUGARS

# 2018-2019 COURSE SYLLABUS

SPS210 – SPS211 Psychology

**Fall 2018 – Spring 2019** 

Instructor: Mike Perez Email address: <a href="mailto:perezm@scusd.edu">perezm@scusd.edu</a> Room: T-10

## **Course Description:**

The psychology course is designed to be an introduction into the science of psychology. It is a strong academic survey of the essentials of psychology from the physiological facts and classical theories to current trends. The course content will include the general academic overview of psychology including its vocabulary, research methods and important individuals in the area of psychology. It will also present the general methods of scientific investigation as they are applied to human behavior. It is a broad academic survey of problems, methods, facts and principles. The course content will give students the opportunity to examine and reflect upon their beliefs, attitudes and feelings about themselves and their ideas of what people are like and why they behave as they do. Also included are topics such as: personality, intellectual abilities and adjustment, learning skills, perception, emotions, motivation, personality disorders, thinking and biological influences on behavior.

#### **Course Objectives:**

- 1. Identify historical backgrounds and approaches to psychology.
- 2. Read and analyze contemporary articles relating to everyday psychology issues.
- 3. Identify different psychological approaches to therapy and research.
- 4. Describe the theories of personality.
- 5. Describe the neurological systems of the body.
- 6. Analyze sensation and perception.
- 7. Describe child development and the various theories regarding social influences.
- 8. Analyze learning, memory and intelligence.
- 9. Identify the various psychological disorders.
- 10. Describe the major motives of life: Love, food, social approval and work.
- 11. Analyze ones emotions, stress and mental health.

#### **Textbook:**

Psychology And You, Second Edition West Publishing Company, 1995

Authors: McMahon, McMahon and Romano

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## **Student Responsibility**

- 1. Class Participation: Each student will be expected to take part in discussions and/or when called upon. A student's willingness and ability to contribute to discussions will be considered as part of the student's grade. Oral presentations will be conducted be each student.
- 2. Homework: Both short-term assignments and long-term projects and research will require your attention at home. Work will be completed prior to the start of class on its given due date. Late work will not be accepted.
- 3. Attendance: Attendance is vital! Should you miss class, it is your responsibility to find out what you have missed by asking the instructor and/or classmate. You have the same number of days to turn in work as the number of days for which you have **excused** absences. Many activities and experiences cannot be repeated for an individual who misses class. Poor attendance will affect your grade.

#### **Grading Policy:**

Grades reflect the percentage of points earned of the total points possible. The sum of points earned on notebooks, writing assignments, quizzes, tests, projects, homework, activities and participation divided by the number of cumulative total points will determine your overall grade. Keep all assignments pertaining to your grade. It is your responsibility to prove any discrepancies with your grade. No late work will be accepted. Grades will be earned by the following percentages:

90-100% = A

80-89% = B

70-79% = C

60-69% = D

0-59% = F

## **Materials:**

- 1. A box of colored pencils
- 2. Highlighter
- 3. Lined paper
- 4. Blue and/or black pens
- 5. #2 pencils
- 6. A ruler

# **Behavior Expectations:**

- 1. Follow all school rules.
- 2. Be on time, prepared to work with needed materials.
- 3. Everyone will be treated with respect.
- 4. No one will be allowed to disrupt the learning process of anyone else.
- 5. No use of any type of electronics in class unless given permission.
- 6. Appropriate behavior and language is expected.
- 7. Lying, cheating, plagiarism or any form of dishonesty will not be tolerated.
- 8. Not eating in class.
- 9. If you are **SUSPENDED**, you will **NOT** be allowed to make-up any work.

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# **Guidelines For Appropriate Discussions**

- 1. Respect each others' opinions and statements.
- 2. Agree to disagree.
- 3. Respectively listen to others.
- 4. Raise your hand to state your answer, thoughts, etc.
- 5. One person speaks at a time.
- 6. No "Shock Value" statements or questions.
- 7. If you have something rated "R" to say, reword it so it comes out rated "G-PG".
- 8. Please no lengthy stories or statements unless it's absolutely relevant.
- 9. Use appropriate language.

Cut Here And Return	
Student Signature	Parent/Guardian Signature
Date:	Date: